







OUR MISSION

To provide comprehensive health and community services that remove barriers and improve lives

OUR PRIORITIES

Deliver innovative services
Ensure children and youth can thrive
Advocate for positive systemic change
Enable and empower our staff
Strengthen our infrastructure
and sustainability







Message from the Executive Director and President of the Board

Greetings from Regent Park Community Health Centre! As we look back at our highlights from the past year, we are grateful for the energy and passion that has driven change across the organization—both at the Board level with governance and the staff teams with operational growth and sustainability. It has been a particularly busy year for our Community Health Centre as our funders, clients, volunteers and visitors all encourage us to continue to adapt and respond to changes in our province, our city and our neighbourhoods.

Part of this adaptation has been captured in our strategic planning process through which we developed our refreshed vision, mission and values and articulated our priorities for the coming three years. We are proud to have these posted at our three building sites in the community and on the inside covers of this report.

There were some remarkable achievements over the past year that informed, related directly to or were driven by the new RPCHC strategic plan:

- Significant changes by our response to the ongoing opioid poisoning (or overdose) crisis in our community
- A renewed commitment to a youth-centred framework to guide all RPCHC programs and services
- Improvements to our systems and processes to directly align with our strategic priorities

Our funding and service partners have been key contributors in all of our processes, enabling us to do what we do best, respond to our community's needs. This year we want to celebrate our partnerships—some which have been in place for over a decade and others that we have just established. We've tried to capture the essence of our relationships with clients and partners through this report, and we look forward to seeing you and working together to achieve a sustainable and healthy community.

Thank you.



Dr. Jeremy PetchPresident of the Board



Paulos Gebreyesus Executive Director

CLINICAL

Providing ongoing primary care, specialty clinic care, chronic disease management, physiotherapy and chiropody services

Whether at the Health Centre, in-home, with other community agencies or through outreach, our overall goal always is to provide excellent care and be there for our clients when they need us. The Clinical Team—with others at RPCHC and elsewhere—works in an interdisciplinary way to support patients with everything from everyday complaints to complex medical crises.

WHAT'S NEW

We know from experience that people with HIV face stigmatization resulting from their HIV status and as a result may struggle to access care. Compounding these barriers, some of these patients lack the appropriate health insurance to access the care they need and are often rejected from mainstream services.

In 2018, patients and service providers within the HIV community identified the need and developed a plan to open a bi-weekly, walk-in clinic for people with HIV who have limited or no health insurance. Planning included:

- establishing a cross-agency partnership
- conducting focus groups with people with HIV
- · successfully securing grant funding
- · developing the clinic protocols

We are happy to announce the opening of The Blue Door Clinic in August 2019. While the service is housed at RPCHC, it is open to anyone in the Greater Toronto Area. The goal is to reduce the stigma, help clients with their urgent clinical and social needs, and refer them to more stable ongoing support as appropriate.

WHAT'S IMPROVED

The Clinical Team prioritized primary care services to clients who are homeless and or use substances. One example of this is a nurse practitioner provides primary care weekly to the Women's Drop-in program for cis- and trans-identified vulnerable women. These women often face stigma and negative responses when trying to access mainstream health services, resulting in a lack of trust with other healthcare providers. Our nurse practitioner provides a non-judgmental, clientcentred, welcoming approach to healthcare.

Every Monday evening, the primary care clinic is dedicated to serving youth clients on an appointment or walk-in basis. The goal of the youth clinic is to offer a standardized, recurring drop-in time where youth in our community can access non-judgmental, youth-focused healthcare, providing them with a time and space that is just for them. Every other week, a social worker is also available for counselling and case management support. The main issues seen in the clinic include physical and sexual health issues, trauma, abuse, relationship challenges, academic issues, and parent/intergenerational issues.

IN FISCAL 2018/2019

We took on an additional **225** clients in our primary care clinic.

Breast cancer screening rates went up from **61%** to **69%**.

Cervical cancer screening rates went up from **71%** to **77%**.

Colorectal cancer screening rates went up from **57%** to **65%**.

Highlighting our Clinical Partner: MATCH (Midwifery and Toronto Community Health)

The MATCH program was born as a partnership between South Riverdale Community Health Centre (SRCHC), RPCHC and Access Alliance Community Health Centres as a way of offering pregnancy, birth and postpartum care to people right in the community. The MATCH model differs from the typical midwifery model in that midwives are embedded within the primary care team working alongside doctors, nurse practitioners, nurses and other healthcare providers. The program has now become a part of the South Riverdale CHC. The midwives on the team, Jenny Bly, Shezeen Suleman, Andrea Luciuk and Tiffany Fung, have been looking after clients since the fall of 2018. In January 2019, the MATCH team began delivering care once a week out of Regent Park to serve clients living in this community.

Throughout history, midwives have helped women through pregnancy and birthing. Today, midwives provide a high level, co-ordinated system of maternal and newborn care. A woman in midwifery care has access to 24-hour on-call services, from the beginning of her pregnancy and for a full six weeks after birth. Her physical, psychological, and social wellbeing is monitored, and she receives more time, counselling and education about self-care than in a traditional healthcare setting. Studies show that midwife-managed care leads to excellent outcomes, including fewer interventions during birth, higher breastfeeding rates (which leads to better health for mom and baby) and overall higher satisfaction with the level of care.

The MATCH program was developed out of a desire to offer this high level of care to pregnant women who typically have not had access to a midwifery option. The mothers we meet tend to face multiple barriers to accessing healthcare including lack of health insurance, substance use, living without status in Canada, lack of experience with the Canadian healthcare system, insufficient housing and food insecurity. Our team of four midwives works with other providers and community organizations to offer more fulsome care to this specific population. For instance, with the help of the community kitchen at SRCHC, we provide healthy snacks to clients when they come to clinic appointments. We partner with Birthmark, a local labour support organization, to provide free doula care to our clients throughout their pregnancies.

Also, we have engaged the leadership at Michael Garron Hospital, where we work out of, to create dignified, integrated, efficient care for pregnant people who use drugs and their babies. At MATCH we are proud to offer excellent care to the women in our communities who need it the most. When you can set someone up to be a strong and confident parent—that is a real gift.



- Shezeen Suleman

Shezeen discovered her passion for midwifery while on an environmental research project in a remote village in India. "I watched this woman deliver twins with such skill and without injury to the mother or her children, and I just knew this is what I wanted to do with my life."

COMMUNITY HEALTH

Responding to the diverse and complex needs of our community

The Community Health Team provides a wide range of services, programming and community development activities that focus on meeting the needs of the most marginalized members of our community, many of whom are dealing with a combination of homelessness and housing issues, poverty, settlement issues, substance use, nutrition concerns, chronic illness and mental health issues. The team uses a harm reduction and social justice approach to provide needed supports and services through individual and group-based initiatives, and through outreach to underserved individuals.

WHAT'S NEW

RPCHC has been operating a temporary overdose prevention site (OPS) since April 2018. In December, we applied for and received approval to transition the OPS into a permanent Consumption and Treatment Service (CTS). The program will continue to provide overdose prevention services to injection drug users and staff will continue to provide on-site supports including first aid, wound care, case management and counselling. In addition, staff provide referrals to shelters, food programs, primary care, mental health services and supports, and substance use programs (and supports).

Food insecurity (inadequate or insecure access to food due to financial constraints) continues to be a nation-wide problem and something our team sees in the Regent Park community everyday. As part of an initiative to highlight the extent of food insecurity in our communities, our Diabetes Education Program (DEP) team—in partnership with all community health centres in the GTA—played a lead role providing training to the Community Health team on standardized screening for and documenting of clients with food insecurity.

WHAT'S IMPROVED

The Community Health team is committed to reducing the negative consequences and stigma associated with drug use. Last year we enhanced our harm reduction services and programming by:

- Conducting daily patrols to locate, safely remove and dispose of needles or other drug-related paraphernalia that may have been improperly disposed of in the community
- Developing community partnerships to increase their capacity to provide harm reduction services
- Facilitating support programs and groups for people who use substances on topics such as Naloxone use and administration, legal rights when dealing with the police, positive thinking and more.

Our harm reduction programming is a huge success and we are proud to say that over 13,000 harm reduction kits were distributed through outreach, overdose prevention and harm reduction programs.

IN FISCAL 2018/2019

The Diabetes Education Program offered over **180** group sessions in a variety of languages to over **1,200** community members.

Over **10,000** residents participated in groups provided by the Immigrant, Newcomer and Refugee Support Program.

The OPS had over **4,400** visits last year and reversed **57** overdoses!

Highlighting our Community Partner: Vietnamese Social Support Group

Vietnamese is the home language for almost 8% of residents in Regent Park. Many of these residents are seniors with limited ability to communicate in English. The Community Health Team has been supporting Regent Park Vietnamese residents with language interpretation for more than 20 years and coordinating this social group since 2009. Our two coordinators—Peter Ho

and Quyen Tran-work with this population to host specialized health-related workshops and

coordinate organized social events.

RPCHC is proactive in offering health education to the community, and our team ensures that our Vietnamese-speaking clients have the same opportunities. We bring in specialists to do workshops on stroke prevention, exercise for seniors with mobility or other health issues, diabetes education and more. In 2016 and again in 2017, RPCHC collaborated with Support Enhance Access Service Centre (S.E.A.S) and Hong Fook to provide a mental health peer-support training series for our group members. We are in the process of planning for more collaboration with S.E.A.S in the coming year. The speakers we invite to deliver these workshops speak Vietnamese or we provide interpretation so that our participants understand the topic and can ask questions. Post-workshop evaluations show that our Vietnamese residents. many of whom are seniors, consider this a very valuable service.

In 2014, the Government of Canada issued a report recognizing the impact of social isolation on seniors' quality of life and wellbeing. The risk for depression, social anxiety, loneliness, alcoholism, elder-abuse, coronary heart disease/stroke and more increase when seniors live alone without adequate supports. Even people living with their adult children can feel left out and isolated. When you add language barriers to the mix, the risks are even higher.

To combat isolation and create a sense of community, we try to organize various fun social activities for our senior residents and we co-host a monthly group activity with S.E.A.S. Whether it be going to Woodbine beach for lunch or to an event celebrating newcomers at City Hall, our clients appreciate the opportunity to eat traditional foods that they may not be getting at home, socialize with other Vietnamese residents in the community and develop new friendships that last beyond the walls of the health centre.

- Quyen Tran

Quyen Tran is a cultural interpreter who joined RPCHC in the fall of 2018. She has many years of experience in the provision of cultural interpretation in a variety of settings. "For our Vietnamese seniors, just like all seniors, it's about having a supportive community and knowing there are people you can count on for help."

EARLYON CHILD AND FAMILY CENTRE

Working with families and community toward great infant and child health and development

The Regent Park EarlyON Child and Family Centre works to strengthen child development and parenting skills, reduce social isolation and offer resources that improve the resilience of families in the early years.

WHAT'S NEW

Toxic stress is a response that can occur in children when they experience severe prolonged hardship without adequate adult support. This stress may be caused by abuse, chronic neglect, caregiver mental illness, exposure to violence, family economic hardship or other factors in the family environment. Although parents can protect their children from toxic stress through supportive care, this can be challenging for vulnerable mothers living in socioeconomically disadvantaged environments.

Last year our EarlyON Social Worker and Infant Mental Health and Family Counsellor facilitated a mindfulness-based program for families living in Robertson House—a shelter for pregnant women and women with children in need of short-term emergency shelter. Childcare was provided by shelter staff while mothers learned about self-care. The program focused on the reduction of toxic stress and increasing the emotional capacity of mothers to be attentive to their children and provide a nurturing environment even during times of high stress. This preventive measure helps mothers teach children healthy coping skills and reduces the risk of them developing long-term adverse health effects in adulthood.

WHAT'S IMPROVED

Adverse developmental experiences during infancy and childhood can become risk factors for early health, the capacity to engage, learning and behavioural issues, and social and emotional wellbeing later in life.

The EarlyOn team has a long history of fostering the intimate relationship between parent and child to optimize healthy child development. Last year we formalized this commitment with our Infant and Childhood Mental Health (IMH) Strategy, a research-based strategy that can support the EarlyOn team, as well as other providers at RPCHC and in the broader community, to make informed and educated decisions about infant and child mental health issues.

The foundation of the IMH Strategy is to:

- Promote healthy parent-child relationship and attachment
- Address the risk factors that may impact attachment relationships and child development
- Address the overall wellbeing and mental health of the primary caregiver (usually the mother)
- Promote a safe, nurturing and stable parent-child, family and community environment
- Advance the continuous quality improvement in EarlyOn practice
- Raise awareness of infant and early childhood mental health within the community

We are committed to remaining current with best practices, developing knowledge within the infant mental health field, collaborating with our partners to share this knowledge and working to influence the political environment to ensure that our strategy is rooted in the culture of RPCHC and the community as a whole.

IN FISCAL 2018/2019

Our workshops attracted 216 participants.

There were **12,812** visits to EarlyON programs and services.



Highlighting our EarlyON Partnership: Early Abilities (Speech & Language, Vision, Hearing)

Our partnership with Toronto Public Health's Early Abilities Preschool Speech and Language Program helps us to provide children who have demonstrated communication, language and speech delays with the assessment and therapy they need, right here at the EarlyON centre. Available to all Regent Park children up to school entry, families either self-refer or are referred by EarlyON program staff. Megan Wiigs, Maureen Benadiba Cohen, and Jennifer Andrews from the Early Abilities team also connect Regent Park families to various programs at EarlyON—making this a win—win collaboration.

The role of Early Abilities is to provide family-centred, community-based assessments, consultations and treatment for preschool children with language, speech and social communication concerns.

Our goal: To help every child be the best communicator they can be!

Whether conducting assessments in the doctor's room, working one-on-one with kids in the playroom or observing children during a school readiness session or in one of the drop-in rooms, the EarlyON centre provides an excellent backdrop for our team to work with young children and their families.

To help with our assessments, we use a variety of tools to determine each child's challenges and needs. Standardized, age-appropriate language tests help us understand how a child is communicating and understanding in comparison to their peers. For example, the Goldman-Fristoe Test of Articulation-3 is a tool that assesses how a child makes speech sounds at the beginning, middle and end of words so we can determine if there are particular sounds that a child is having a difficult time pronouncing. This helps us find patterns so we can help that child speak more clearly. When it comes to treatment, we use a lot of interactive games that are engaging and encourage communication—things like blowing bubbles, balls that roll down a ramp, cars and toys that light up and make sounds.

It is very important to catch these communication challenges early and teach parents and caregivers strategies that will enhance their child's language development. The right input at the right time can make a big difference in a child's ability to communicate their needs, minimize frustration and get them ready for learning at school. It is all about setting them up for success.

- Megan Wilgs has been a Speech-Language Pathologist with Early Abilities since 1999. "I feel fortunate to have the opportunity to support children and their families in their journeys to becoming better communicators."



PATHWAYS TO EDUCATION

Providing a comprehensive web of supports for youth to achieve in high school and beyond

Aligned to and integrated with RPCHC's mission to improve the health of individuals, and the Regent Park community as a whole, the Pathways to Education Program responds to one of the core social determinants of health: education.

WHAT'S NEW

Since our first graduating cohort in 2005, Pathways Regent Park has had impressive graduation rates, enjoyed a positive reputation with our community partners and funders, and ranked favourably in our student satisfaction surveys. But there is always room to strengthen our program and increase successful outcomes for our students, so last year we initiated a program review to coincide with the Health Centre's three-year strategic planning process. We consulted 170 individuals to help us gain insight into what we are doing right and what we could do better.

As a result of the review, RPCHC has adopted four critical considerations into its strategic plan:

- Take a leadership role to rally community collaboration across different sectors and respond to the extensive and intensive needs of youth in Regent Park
- Support Pathways Regent Park to respond to the needs of all marginalized youth by becoming an advocate for change within Pathways Canada
- Devote resources to develop new investments for services that address the unmet needs unique to youth in our community but are currently beyond the scope of services

Two new staff-led innovation projects addressed the need to find non-traditional ways to support students and build the resilience of our youth. Pathways supported high school students to obtain credits through online education courses. While we have rarely offered this type of support in the past, it has proven to be a successful model, particularly for students who struggle in the regular classroom setting. We also initiated wellness activities such as walking club and yoga to improve morale, relieve stress, support self-care and promote team building.

WHAT'S IMPROVED

Our partnership with St. Michael's Hospital expanded to include a Take Our Kids to Work Day. Grade nine students participated in experiential activities that exposed them to ways in which the concepts and skills they learn in science class have practical applications in the medical sciences.

After the event, a Youth Advisory was established to help us plan for next year's activities. These young participants received incredible mentorship from physicians, scientists and technical specialists that will help them plan programming for future youth.



Highlighting our Pathways Partnership: SEEN (Supporting East End Neighbourhoods)

The SEEN Collaborative is a group of six agencies working together to better support young people (ages 12-18) in conflict with the law or exiting the justice system. The collaborative—led by Toronto Kiwanis Boys & Girls Club and made up of Central Neighbourhood House, Dixon Hall, Peacebuilders, Pathways/RPCHC, and Yonge Street Mission—works with youth in the neighbourhoods of Regent Park, Moss Park, the Esplanade, St. James Town and Rivertowne. Pathways Regent Park is thrilled to be part of this partnership that focuses on creating better access to services for youth and their families to minimize the barriers they currently face.

IN FISCAL 2018/2019

Pathways Regent Park hosted a communitywide open house; Over **400** community members and **21** partners attended.

Over **765** students were enrolled and supported in the Pathways Program.

Over **100** youth were involved in the Pathways Program Review process.

128 students graduated!

Staff initiated 4 new local innovation projects.



In 2017, we were awarded a five-year grant through the Ontario Trillium Foundation to examine how current programs and services across community organizations are serving youth involved in the justice system: what's working, what isn't working, and what systems changes need to happen to promote better outcomes.

"Systems change" is about addressing the root causes of service gaps. For example, one of SEEN's significant findings is that often youth have dealt with major trauma in their lives. However, they never received the mental health support they needed—support that could have potentially helped them to take a different path. A systems change would be: how do we as organizations that provide services for youth start including these services in the work that we do?

So much depends on the youth connecting to the right person. People forget that they are young; that they are still growing and building relationships. If they start to make the wrong choices, but they have the right adult in their life, they can make a big bounce back and pursue other opportunities. If they don't have the appropriate adult around to support them, they can get lost and end up in a system lacking the comprehensive supports they need.

Our job as community organizations that serve this population of youth is to find ways to support their overall wellbeing, improve their social engagement and help them access opportunities.

- Haneen Azzam

Haneen is the Manager of Youth Services at Toronto Kiwanis Boys & Girls Clubs.

She has a decade of experience in youth social engagement and has a passion for finding creative ways to improve the social determinants of health. "I truly believe that if we work together, we can make a tangible difference in the outcomes for youth in our community, but it's going to take a lot of effort, coordinated resources and time."

FINANCE, ADMINISTRATIVE AND DENTAL SERVICES

Ensuring the fiscal and administrative health of RPCHC and providing quality dental care to our community

The Finance and Administration Team is responsible for finance, accounting, human resources, computer and network technology (IT), management information systems (MIS), administrative support services and facilities management at all sites. RPCHC's dental program is also part of our team and consists of two dentists, a dental assistant and a dental receptionist.

WHAT'S NEW

In fiscal 2018/2019, RPCHC made several improvements to our systems and processes:

- We increased staffing through the recent hire of a payroll specialist and a facilities coordinator to keep pace with significant program expansion across the organization
- Our transition to ADP payroll services continues to improve our payroll and benefits administration, allowing staff to access their information and greatly improve our reporting functions
- Our IT department significantly improved network security, WIFI, and bandwidth connectivity in the past year and made several software and hardware upgrades.

We continued to focus on making capital improvements and renovations to the health centre. Over \$500,000 in capital funding

was secured to replace our heating and air conditioning systems and significantly improve efficiency through a building automation system. We also undertook a professional assessment of all mechanical and other building systems to anticipate future replacements and improvements to the building, which is now over 20 years old. Negotiations are underway to renew the lease at several other sites, which will ensure programming and office space is available in the future.

WHAT'S IMPROVED

Our dental clinic is growing and continues to be very busy. We upgraded to a new sterilization centre for the clinic to improve patient care and ensure we are meeting the latest infection control guidelines for oral healthcare.

IN FISCAL 2018/2019

The Dental Team saw over 900 patients (up from 852 last year).

The Dental Clinic accommodated approximately 2,000 appointments (up from 1,598 last year).

This year, operating funding increased at the health centre by over **\$440,000** for harm reduction programming, a temporary Opioid prevention site and recruitment and retention funding.

Thank You To Our 2018/2019 Donors and Funders

DONORS:

Tony Bruccoleri

The Jewish Community Foundation

Sheldon & Linda Lifshen

Metrix Group

Kim Mohammed

Moss Park Pharmacy Ltd.

Tom Nash

Ryerson University

Kirstine Stewart

ViiV Healthcare ULC

FUNDERS:

City of Toronto-Shelter, Support & Housing Administration

City of Toronto-Toronto Urban Health Fund

Ontario HIV Treatment Network

Ontario Ministry of Health and Long Term Care-AIDS Bureau

Pathways to Education Canada

Public Health Agency of Canada

The M.A.C. AIDS Fund

Toronto Central Local Health Integration Network

The City of Toronto-EarlyOn

United Way of Greater Toronto



REGENT PARK COMMUNITY HEALTH CENTRE



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Quyen Tran

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EARLYON CHILD

AND FAMILY CENTRE

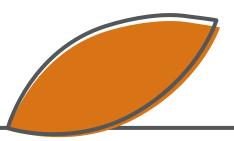
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PATHWAYS TO EDUCATION™

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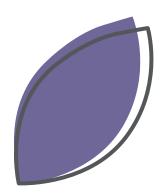
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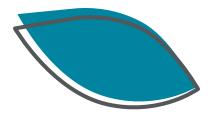
Committee for Accessible AIDS Treatment

Maureen Owino, Program Director Ciro Alessandro Bisignano Barreto Raj Jagwani Solomon Lome

*Indicates left employment at RPCHC in fiscal 2018/2019



Sahra Ibrahim





Statement of Receipts and Expenditures Year Ended March 31, 2019

REGENT PARK COMMUNITY HEALTH CENTRE BALANCE SHEET

ASSETS	2019	2018
CURRENT		
Cash and equivalents - restricted	\$ 686,902	\$ 798,804
Cash and equivalents - unrestricted	741,301	679,345
Amounts receivable	315,171	199,436
Prepaid and sundry assets	16,938	56,180
Marketable securities - restricted	~	385,199
	1,760,312	2,118,964
Property and equipment	2,770,450	2,468,559
Cash and cash equivalents - unrestricted for future use	2,076,028	1,544,830
Cash and cash equivalents - restricted for future use	139,354	133,568
	\$ 6,746,144	\$6,265,921
LIABILITIES AND FUND BALANCES		
CURRENT		
Accounts payable and accrued charges	\$ 227,781	\$102,697
Due to Toronto Central Local Health Integration Network	76,006	60,320
Deferred revenue	324,089	264,352
	627,876	427,369
NET ASSETS		
Restrictive funds - Capital - Regent Park Community Health Centre (core operations)	2,770,450	2,468,559
Project funds - Regent Park Community Health Centre (core operations)	2,430,052	2,072,008
General operating fund - Pathways to Education	725,292	725,292
RPCHC scholarship fund - Restricted by the Board - Pathways to Education	-	385,199
Restricted fund - Donations - EarlyOn Child and Family Centre	192,474	187,494
	6,118,268	5,838,552
	\$ 6,746,144	\$ 6,265,921

REGENT PARK COMMUNITY HEALTH CENTRE STATEMENT OF RECEIPTS AND EXPENDITURES

RECEIPTS	2019	2018
Toronto Central Local Health Integration Network		
- Base	\$ 7,228,142	\$ 6,867,082
- Capital funding	511,681	205,450
- One-time funding	79,650	-
- Diabetes Education Program	464,304	464,304
Other grants	1,633,005	1,556,434
The City of Toronto	862,386	849,145
Donations	4,983	2,785
Pathways to Education Canada	2,759,197	2,908,006
Interest income	16,801	17,575
	13,560,149	12,870,781
EXPENDITURES		
Salaries	7,852,685	7,589,652
Benefits	1,837,380	1,802,092
Operating expenses	2,465,342	2,475,822
Student transportation (TTC expenses) & school supplies	428,987	411,667
Scholarship expenses	356,052	570,381
Amortization	264,685	262,433
	13,205,131	13,112,047
EXCESS OF EXPENDITURES OVER RECEIPTS FOR THE YEAR	355,018	-241,266
Add: Funds from prior year net assets	-355,018	241,266
EXCESS OF EXPENDITURES OVER RECEIPTS	0	0

Fiscal 2019 Financial Statements have been audited by Hennick Herman LLP. The above financial summary has been exerpted from the audited financial statements. To receive a copy of RPCHC's complete financial statements and accompanying notes, please contact accounts@regentparkchc.org





HEALTH CENTRE

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EARLYON CHILD AND FAMILY CENTRE

38 Regent Street Toronto, Ontario M5A 3N7 Tel: (416) 362-0805 Fax: (416) 362-5899



PATHWAYS TO EDUCATION™

411 Parliament Street Toronto, Ontario M5A 3A1 Tel: (416) 642-1570 Fax: (416) 642-1577 www.pathwaysregentpark.ca

REGENT PARK COMMUNITY HEALTH CENTRE
Diabetes Education Program

DIABETES EDUCATION PROGRAM

409 Parliament Street Toronto, Ontario M5A 3A1 Tel: (416) 603-0336 Fax: (416) 603-8068

LANGUAGE LINES

Somali: (416) 203-4503 Vietnamese: (416) 364-3210



EQUITY/SOCIAL JUSTICE

We oppose discrimination and oppression everywhere, in all their forms.

RESPECT AND DIGNITY

We value, accept and include all individuals for who they are.

ACCESSIBILITY

We commit to responsive, culturally safe and stigma-free services.

EXCELLENCE AND INNOVATION

We embrace effective practices and create novel solutions to improve services.

ACCOUNTABILITY

We are responsible for the resources entrusted to us.

We act ethically and with integrity.

COMMUNITY OWNERSHIP

We embed community engagement and decision-making at all levels.

BOARD OF DIRECTORS 2018/2019

President:

Members:

Dr. Jeremy Petch

Fos Ashkir*

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Akosua May Matthews

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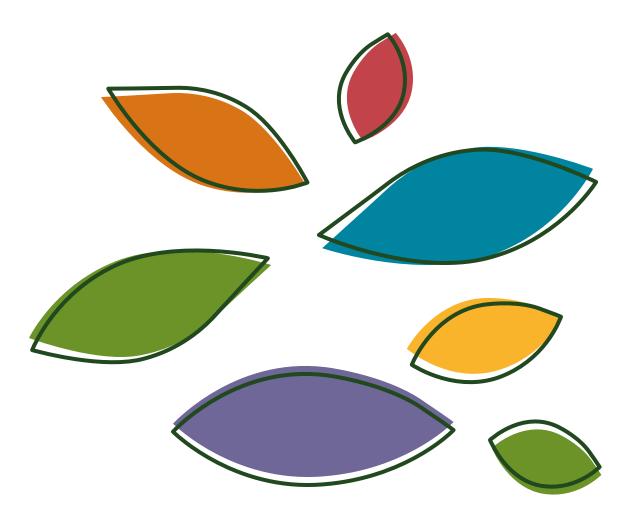
Nikhil Agarwal

Ermias Nagatu Dr. Kirstie Peden

Lorie Shekter-Wolfson

Anjum Sultana

The Board recognizes that membership renewal is essential for good governance, board engagement and effective leadership.







The RPCHC is a proud member of the Association of Ontario Health Centres

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