

**Regent Park CHC EarlyOn and Allied Services
Program Guide
September 2021**

Monday	Tuesday	Wednesday	Thursday	Friday
Come Play With Me Virtual Drop-in 9am-12pm	No programming - staff professional development	Come Play With Me Virtual Drop-in 9am-12pm	Come Play With Me In-person Drop- In 10am-11am Sumach Shuter Parkette 485 Shuter Street	Come Play With Me Virtual Drop-in 9am-12pm
Come Play With Me Virtual Drop-in 1pm-4pm	Caregiver Coffee Time Virtual Drop-in 1pm-4pm	Come Play With Me In-person 1:30pm-2:30pm Sumach-Shuter Parkette 485 Shuter Street	Come Play With Me Virtual Drop-in 1pm-4pm	Come Play With Me Virtual Drop-in 1pm-4pm
Come Play with Me - Infant Infant Virtual Drop-In 10am-11am	CPNP Pre-registration required			Movie Night! Every 2nd Friday! 5:30pm-7pm Pre-registration required

Zoom Links:

Come Play With Me Virtual Drop-in

<https://regentparkchc.zoom.us/j/95904296473>

Meeting ID: 959 0429 6473

Caregiver Coffee Time Virtual Drop-In

<https://regentparkchc.zoom.us/j/93165260709>

Meeting ID: 931 6526 0709

Infant Group Virtual Drop-In

<https://regentparkchc.zoom.us/j/91667375356>

Meeting ID: 916 6737 5356

Program Descriptions:

Come Play with Me -Virtual Drop-in and In-Person Drop-In(formerly known as Family Resource Program)

Come Play With Me is a drop-in program designed to provide opportunities for play and connections for families with young children. We aim to support children 0-6 and their families with programs to enhance children's holistic development through early literacy, fine motor, social emotional, cognitive & physical development. Active songs, stories, crafts, music & movement. For more information, please contact Olivia

oliviah@regentparkchc.org

Caregiver Coffee Time

Parents and caregivers are invited to join us for a safe, fun and supportive weekly drop-in social group.

Caregiver coffee time offers a forum for parents and caregivers to discuss parenting and child

development. Informative and fun presentations and discussions around various topics. This group aims to bring caregivers together as community members to share and bond over their shared experiences. Opportunities for caregivers to find a much needed break in their day! For more information, please contact Olivia

oliviah@regentparkchc.org

Infant Group - Virtual Drop-In

FOR MOMS/DADS AND CHILDREN 0-18 MONTHS

Infant group: for caregivers and children 0-18 months. Enjoy singing, connecting with other moms, and learning with your child! Discussed topics include: eating, sleeping, connecting (attachment), motor development and language/communication development.

For more information, please contact Suntha

sunthar@regentparkchc.org

Movie Night - Virtual

Join us on Zoom for a family friendly movie! Every 2nd Friday we will be screening a movie to enjoy together as a community. Pre-register to receive a movie pack (popcorn and activities based on the movie)! For more information, please contact Olivia

oliviah@regentparkchc.org

Canadian Prenatal Nutrition Program (CPNP)

***Pre-registered clients only* - families with babies 8 mos and under**

Our CPNP Pre/Perinatal Program is a federally funded program provided in partnership with St. Stephens Community House. The program goal is to improve the health and well-being of pregnant women, new mothers and their babies. Fun and informative presentations focusing on issues relevant to physical and mental well-being are provided, along with the opportunity to meet and bring questions to our nurses, family support workers, social workers & settlement workers. Attendees also qualify for material support in the form of grocery vouchers and baby supplies. For more information, please contact Anisa

anisao@regentparkchc.org

Additional Services Offered at Regent Park EarlyOn

Social Work

Child Family Advocacy

Early Years Special Needs Resource

Occupational Therapy

Child Development Clinic - In partnership with St. Michael's Hospital

For more information and referral to these programs, please contact Olivia

oliviah@regentparkchc.org

FAQ:

1. How do I join a Virtual Drop-in?

Simply click on the above link (or copy and paste into your browser). You will be directed into a waiting room and will be admitted once a staff verifies we know you! Please ensure to mute your mic when entering a program already in session.

2. Do I have to stay for the full Drop-in?

Absolutely not! We welcome you to join us for whatever amount of time works best for your day! Come and go as you please! We simply ask you to ensure your mic is muted when we join to be respectful of other participants.

3. What if I have never attended an EarlyOn program before?

We are thrilled to have new families join us! Once you enter the Zoom “waiting room”, you will be sent a message welcoming you to our program. We will ask for your name, your child’s name and age and an email address. You will then be admitted into the program. If this is your first time joining us, you will be contacted by our Intake and Administrative Assistant to register.

4. What do I do when I enter a Virtual Program?

Get ready for some fun! The Early On staff will have different activities each day but will follow a schedule so you will know what is happening when. Keep in mind, however, we always follow the lead of the children and cannot guarantee a particular activity will occur exactly when the schedule says - we are flexible with our fun and ask that you can be flexible, too!

5. Who do I contact with additional questions?

There are many ways to reach an Early On staff. During Zoom Programming you can ask questions or send a message through the chat. You can call or email our Intake and Administrative Assistant, Olivia

oliviah@regentparkchc.org

416-362-0805 ext. 222