



Regent Park CHC Early Years Program: EarlyOn and Allied Services

Program Calendar: June 2022

<https://regentparkchc.org/program/earlyon-drop-in-centre/>

Time	Monday	Tuesday	Wednesday	Thursday	Friday
AM	<p>Family Resource Drop-in 38 Regent Street, Upper Level 9:00 -11:30 am</p> <p>Family Outdoor 600 Dundas St. Regent park 9:00-11:30 am</p>	-	<p>Come Play With Me Virtual Drop-in 9:00-11:00pm</p> <p>Family Resource Drop-in 402 Shuter St. Regent community Center-Gym 9:00-11:30 am</p> <p>School Readiness Children 9:00-11:30 am Parents/caregivers 9:00-11:30 am 38 Regent Street, Upper Level</p>	<p>Family Resource Drop-in 38 Regent Street, Upper Level 9:00-11:30 am</p> <p>School Readiness Children 9:00 -11:30 am Parents/caregivers 9:00-11:30 am 38 Regent Street, Upper Level</p>	<p>Family Resource Drop-in 402 Shuter St. Regent community Center-Gym 9:00-11:30 am</p>

PM	<p>Family Resource Drop-in 38 Regent Street, Upper Level 1:00-3:30pm</p> <p>Infant Group 1:00-3:30 pm</p> <p>Outdoor Neighborhood Walk 1:00-3:30 pm</p> <p>Preschool Speech and Language</p>	<p>CPNP (pre/postnatal) Pre-registration required 1:00- 3:30 pm</p> <p>Caregiver Coffee Time Virtual Drop-in 1:00-3pm</p>	<p>Family Resource Drop-in 38 Regent Street, Upper Level 1:00-3:30pm</p> <p>School Readiness Children 1:00-3:30pm Parents/caregivers 1:00-3:30pm 38 Regent Street, Upper Level</p> <p>CDC by appointment only</p>	<p>Family Resource Drop-in 38 Regent Street, Upper Level 1:00-3:30pm</p> <p>School Readiness Children 1:00 -3:30pm Parents/caregivers 1:00-3:30pm 38 Regent Street, Upper Level</p> <p>Come Play With Me Virtual Drop-in 1:00-3pm</p>	<p>Family Resource Drop-in 38 Regent Street, Upper Level 1:00-3:30pm</p> <p>Preschool Speech and Language (PSL)</p>

	(PSL) by referral only			CDC by appointment only	by referral only
Evening					Movie Night! Virtual Every 2nd Friday! 5:30pm-7pm

Zoom Links:

- **Come Play With Me Virtual Drop-in:** Meeting ID: 959 0429 6473
<https://regentparkchc.zoom.us/j/95904296473>
- Caregiver Coffee Time Virtual Drop-In; Meeting ID: 931 6526 0709
<https://regentparkchc.zoom.us/j/93165260709>
- **Movie Night:** Meeting ID: Meeting ID: 997-7572-3188
https://regentparkchc.zoom.us/j/_997-7572-3188

Program Descriptions:

Outdoor Neighborhood Walk:

Fun physical activities for children 3 and 4 years and their parents/caregivers walk, exercise, and interact with each other's, on Mondays from 1 pm-3:30 pm. For more information, please contact Camille: camillec@regentparkchc.org.

Family Drop-in Gym:

Fun physical activities for children 1 to 5 years and their parents/caregivers exercise and interact with others at 402 Shuter St, Regent community center (RPCC), on Wednesdays and Fridays, from June 15-June 29, 2022, from 9 am-11:30 am. For more information, please contact Camille: camillec@regentparkchc.org.

Family Drop-in Outdoor Park:

Fun physical activities for children 1 to 5 years old and their parents/caregivers active play and interact with others at 600 Dundas St Regent Park on Mondays and Fridays starting June 27, 2022. 9 am-11:30 am. For more information, please contact Camille: camillec@regentparkchc.org.

Come Play with Me (CPWM)

CPWM is Virtual Drop-in program designed to provide opportunities for play and connections for families with young children from 0-6. The program aims to enhance children's holistic development through early literacy, fine motor, and social emotional, cognitive & physical development. Active songs, stories, crafts, music & movement. For more information, please contact Camille: camillec@regentparkchc.org

Family Resource Drop-in program

This is in-person drop-in program designed to provide opportunities for play and connections for families with young children. We aim to support children 0-6 and their families with programs to enhance children's holistic development through early literacy, fine motor, social emotional, cognitive & physical development. Active songs, stories, crafts, music & movement. For more information, please contact Camille: camillec@regentparkchc.org

Caregiver Coffee Time

Parents and caregivers are invited to join us for a safe, fun and supportive weekly drop-in social group. Caregiver coffee time offers a forum for parents and caregivers to discuss parenting and child development. Informative and fun presentations and discussions

around various topics. This group aims to bring caregivers together as community members to share and bond over their shared experiences. Opportunities for caregivers to find a much needed break in their day! For more information, please contact Camille: camillec@regentparkchc.org

Infant Drop-In

Infant group: for caregivers (moms/dads) and children 0-18 months. Enjoy singing, connecting with other moms, and learning with your child! Discussed topics include: eating, sleeping, connecting (attachment), motor development and language/communication development. For more information, please contact Suntha: sunthar@regentparkchc.org

School Readiness (SRP)

School Readiness: Program helps children and their parents get ready for the transition to kindergarten. Morning and afternoon sessions are available in 12-week blocks. Children learn in the school readiness classroom, which is designed to encourage play-based learning that supports their development of kindergarten readiness skills, including: social skills, direction following, transitioning between activities and communication in a group environment. To ensure success for families, child and parent/guardian attendance at sessions is critical. Parent/guardian attend workshops, share information, observe their children, and receive coaching and support to optimize their child's learning and facilitate the transition to school. To pre-register for the School Readiness program, please call (416) 362-0805 ext. 222. For more information contact Camille: camillec@regentparkchc.org

Movie Night - Virtual

Join us on Zoom for a family friendly movie! Every 2nd Friday we will be screening a movie to enjoy together as a community. Pre-register to receive a movie pack (popcorn and activities based on the movie)! For more information, please contact Camille: camillec@regentparkchc.org

Canadian Prenatal Nutrition Program (CPNP) *Pre-registered clients only* - families with babies 8 months and under

Our CPNP Pre/Perinatal Program is a federally funded program provided in partnership with St. Stephens Community House. The program goal is to improve the health and well-being of pregnant women, new mothers and their babies. Fun and informative presentations focusing on issues relevant to physical and mental well-being are provided, along with the opportunity to meet and bring questions to our nurses, family support workers, social workers & settlement workers. Attendees also qualify for material support in the form of grocery vouchers and baby supplies. For more information, please contact Anisa: anisao@regentparkchc.org

Additional Services Offered at Regent Park Early Years program

Social Work, Child Family Advocacy, Child Development Clinic - In partnership with St. Michael's Hospital and Preschool Speech and Language (PSL). For more information and referral to these programs, please contact Camille: camillec@regentparkchc.org.