

RPCHC's Wellness Hub 🙌 fredvictor @40 Oak St. (March 2023)



DOWNTOWN EAST TORONTO

Every Saturday 9:30 am -12:30 pm.

Wellness Hub Services

Services available onsite

- Blood pressure checks & follow-up
- Blood sugar checks & follow-up
- Mental health screens & referrals
- HIV self-test kit
- Rapid Test Kit

Referral to other services*

- Cholesterol testing & follow-up
- Physiotherapy
- Chiropody
- Low-cost dental services
- Referral for cancer screening
- Other social services

*Our System Navigator will work with you on a one-on-one basis to explore the best options available

Covid and Flu Vaccination

Age	Primary Series	Booster	Flu Vaccine	Booking
6 mo - under 5 years	Moderna / Pfizer	N/A	Flu vaccine available on-site, walk-ins accepted while supplies last	Appointments recommended, walk-ins accepted while vaccine supplies last.
5-11 years	Pediatric Pfizer	Bivalent Pfizer		
12-17 years	Pfizer	Bivalent Pfizer		
18+	Pfizer/Moderna	Bivalent Pfizer or Bivalent Moderna		

Get vaccinated 3 to 6 months after the last dose or COVID-19 infection. *Pfizer Bivalent for 5-11 year old's available.

- Clients 6 months + are eligible.
- Primary Series and Boosters available.
- Multilingual and accessible.
- Privacy stations available.
- · Open to anyone.
- People with no fixed address are welcome.

Book your covid and flu appointment here!

