



Regent Park CHC: Early Years Programs and Services November, 2024 Program Calendar

<https://regentparkchc.org/program/earlyon-drop-in-centre/>

1st week, includes November 1st and 4-8; 2nd week, from November 11-15; 3rd week, from November 18-22 and 4th week, from November 25-30, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>FRP Drop-in 9 am - 11:30 am 38 Regent St.</p> <p>SRP: Children 9 am - 11:30 am 38 Regent St.</p> <p>SRP: Parents 9 am - 11:30 am 38 Regent St.</p> <p>FRP Drop-in 1:00 pm - 3:30 pm 38 Regent St.</p> <p>SRP: Children 1 pm - 3:30 pm 38 Regent St.</p> <p>SRP: Parents 1 pm - 3:30 pm 38 Regent St.</p>	<p>Team and staff Meetings (mornings)</p> <p>CPNP Pre-natal group 1:30 pm - 3:30 pm 38 Regent St. by registration only</p> <p>Parent of babies up to- six months 1:00 pm - 3:00 pm 38 Regent St.</p>	<p>FRP Drop-in 9 am - 11:30 am 38 Regent St.</p> <p>SRP: Children 9 am - 11:30 am 38 Regent St.</p> <p>SRP: Parents 9 am - 11:30 am 38 Regent St.</p> <p>FRP (Gym) 1 pm - 3:00 pm 402 Shuter St.</p> <p>School Readiness (Gym): Children and Adults 1 pm - 3:00 pm 402 Shuter St.</p> <p>Monthly Bengali Speaking Women (ADDA), 1 pm - 3:00 pm 40 Oak St.</p>	<p>FRP, Gym 9 am - 11:00 am 402 Shuter St.</p> <p>School Readiness, Gym, Children and adults 9 am - 11:00 am 402 Shuter St.</p> <p>CCPT 9:00 am- 12 noon 101 Spruce Ct.</p> <p>FRP Drop-in 1 pm - 3:30 pm 38 Regent St.</p> <p>SRP: Children 1 pm - 3:30 pm 38 Regent St.</p> <p>SRP: Parent 1 pm - 3:30 pm 38 Regent St.</p>	<p>FRP Drop-in 9 am - 11:30 am 38 Regent St.</p> <p>FRP, Robertson House, 10-12 noon 291 Sherbourne St.</p> <p>FRP Drop-in 1 pm - 3:30 pm 38 Regent St.</p> <p>Infant Drop-In 1 pm - 3:30 pm 38 Regent St.</p>



EarlyON

<p>Parent Support Drop-in, CFA/RECE 10 am – 12 noon 1-3:00 pm 38 Regent St.</p> <p>Family resource connections 38 Regent- by referral only</p> <p>Social Work 38 Regent by referral only</p> <p>Preschool Speech & Language 38 Regent by referral only</p>	<p>Social Work 38 Regent St. by referral only</p>	<p>Parent Support Drop-in, CFA/RECE, 10 am 12 noon 1-- 3:00 pm 38 Regent St.</p> <p>Family resource connections 38 Regent- by referral only</p> <p>Social Work 38 Regent by referral only</p> <p>Child Development Clinic (biweekly) 10 am - 5:00 pm 38 Regent St., by referral only</p>	<p>Parent Support Drop-in, CFA/RECE, 10 am -12 noon 1- 3:00 pm 38 Regent St.</p> <p>Family resource connections 38 Regent- by referral only</p> <p>Social Work 38 Regent St. by referral only</p> <p>Child Development Clinic 1 pm - 4:00 pm 38 Regent St. by referral only.</p>	<p>Parent Support Drop-in, CFA/RECE 10 am -12 noon 1- 3:00 pm 38 Regent St.</p> <p>Family resource connections 38 Regent- by referral only</p> <p>Social Work 38 Regent St. by referral only</p> <p>Preschool Speech & Language 38 Regent St. by referral only</p>
<p>November 2024 Special activities, below.</p>				
<p>FRP, SRP: Children and SRP: parents' programs on Wednesday November 13, 2024, due to staff training will be cancelled.</p>				
<p>FRP Book Bank trip at 10 am, November 18, 2024, 2nd floor, 585 Dundas street W.</p>				
<p>Bengalis Speaking Women's November 20, 2024 from 1:00-3:00pm, 40 Oak Street</p>				
<p>Prenatal Doula Virtual Check in (Practicum) on November 13, 2024 from 6-8 pm Virtual, Post practicums assessment and wrap up on November 27, 2024 from 6-8 pm Community conversation for Black families, Saturday November 30, 2024 from 9:30-12:30 at 38 Regent street</p>				



Program Descriptions:

Infant Drop-In

The Infant Group Drop-in program provides an excellent opportunity for infants' ages 0-14 months to spend quality time with each other and their caregivers in a supportive, nurturing environment. For more information, please contact Joysree: JoysreeD@regentparkchc.org

Family Resource Drop-in program (FRP)

This is an in-person program designed to provide an enriched environment where children ages 0-6 and their families can participate in activities that support relationships and healthy development. These drop-ins offer a fantastic opportunity for children and parents to have fun and meet other families in the neighbourhood. For more information, please contact Orit: OritM@regentparkchc.org

Family Resource (Gym,)

Fun physical activities for children 1-5 years and their parents/caregivers at 402 Shuter St. For more information, please contact Suntha: sunthar@regentparkchc.org

School Readiness (SRP) Children

This morning and afternoon program help children get ready for the transition to kindergarten. Available to families by registration only and containing parent/guardian and child learning components. Children attending the program learn alongside one another in one of our school readiness classrooms, designed to encourage play-based learning that supports their development of kindergarten readiness skills. To pre-register for the School Readiness program. For more information, please contact Anushiya: AnushiyaR@regentparkchc.org or call (416) 362-0805 ext. 227.

School Readiness (SRP) Parents

It is a morning and afternoon program help parents in getting ready for the transition to kindergarten To ensure success for families, parents/guardians have separate sessions and attend workshops, share information, and receive coaching and support to optimize their child's learning and facilitate the transition to school. To pre-register for the School Readiness program, please contact Suntha: sunthar@regentparkchc.org

Bengali Speaking Women's Group (ADDA)



This afternoon group meets monthly on the 4th Wednesday of the month, 8 weeks of sessions, and is held in Bengali. It supports mothers in the Regent Park and Moss Park area with children from 0 to 6 years old by connecting, sharing, and helping. A partnership program along with Regent Park Community Health Centre Social Work, the South Asian Women's Centre, and Fred Victor. For more information, please contact Joysree at joysreed@regentparkchc.org

Childcare Providers Training (CCPT) is a free community-based training program that promotes healthy child development education, builds child-caring skills, strengthens social networks, and creates local childcare-related employment opportunities. This is a registered weekly program. For registration and more information, please contact Varinia at (416) 362 – 0805 ext. 232 or Joysree at joysreed@regentparkchc.org.

Parent of babies up to- six months, ECE with an interdisciplinary staff offers parents with babies 0-6 months old residing in Regent Park and Moss Park the opportunity to socialize, and learn about healthy baby development at 38 Regent Street from 1:00 pm - 3:00 pm, For more information, please contact Anisa at (416) 362-0805 ext. 223.

Regent Canadian Prenatal Nutrition Program (CPNP) **Pre-registered clients only* - The program's goal is to improve the health and well-being of pregnant women, new mothers, and babies. A team of nurses, family support workers, social workers & settlement workers provide fun and informative presentations focusing on issues relevant to physical and mental well-being. For more information, contact Lyling (cell) 437-332-2339 or at LylingS@regentparkchc.org

Prenatal Doula Services is funded by the city of Toronto Innovation fund. The project is designed for the betterment of Black children and families living in the Regent and Moss Park communities. This project creates an inclusive, culturally safe, accessible and responsive programming in the Early ON setting that will be delivered in Regent Park. For more information, please contact Desta at (437) 332-2309, destab@regentparckchc.org or Anisa at (416) 362-0805 ext. 223.

Additional Services Offered at Regent Park Early Years services are as follows:

Family Resource Connections: Child and Family Advocate (CFA) supports families of children ages 0-6.

First, the services for children with Special needs: service navigation, educating families about the programs, reviewing funding options and guidelines, and providing them with information about other services and supports. Support families in completing the Ontario Autism Program and other funding applications (OAP, SSAH, ACSD, TTC Support, and Respite Services). Working seamlessly with our inter-agency partners towards inclusion and advocacy within schools, locating accessible and appropriate programming, and continuity of care across healthcare professionals.



Second, supporting families to access income and benefit supports such as OW, ODSP, and Child Tax Benefit, provide ongoing advocacy work and case management, including from justice to immigration and legal, support with forms, advocacy and accompaniment, referrals, and connecting to resources. For more information, please contact Anisa: anisao@regentparkchc.org

Early Years Social Work: This social work service seeks to improve the quality of life and well-being of individuals and families facing social disadvantages such as poverty, mental and physical health challenges, or disability. This service is available to expectant families and families of children under seven. A variety of Early Years Social Work services are available, including Individual counseling; Workshops, and Crisis Support. For more information, please contact Abdullahi at (416) 362-0805 ext.222 or "abdullahis@regentparkchc.org"

Child Development Clinic (CDC): In partnership with St. Michael's Hospital, the clinic offers services for children ages 0-6. After attending the Child Development Clinic, clients will receive individualized referrals to appropriate support services from a Developmental Pediatrician. A physician referral is required for this service. Physicians can contact Abdullahi at (416) 362-0805 ext.222 or "abdullahis@regentparkchc.org", to access referral forms and receive further information.

Preschool Speech and Language Program (PSL): In partnership with The Hanen Centre, speech and language services are offered either virtually, or in-person at Regent Park Community Health Centre. Preschool children living within PSL-Hanen postal codes are eligible, and services. It includes: Assessment of children suspected/ identified with speech, language issues and Individual or group intervention programs, focused on parent training, to further develop your child's language and communication, and ability to interact with peers and family. For more information, visit <https://www.surreyplace.ca/services/preschool-speech-and-language-program/>. For more information contact Abdullahi at (416) 362-0805 ext.222 or "abdullahis@regentparkchc.org"