

Family Resource Program (Drop-in), 38 Regent Street Upper Level, August 2026



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					FRP Drop-in 9 am – 3:30 pm
3	4	5	6	7	8
Civic Holiday Program closed	FRP Drop-in @ Public Library 1 pm - 3 pm 269 Gerrard St. E	FRP Drop-in 9 am – 1 pm FRP Big Park 620 Dundas St. E 1 pm – 3:30 pm	FRP Big Park 9 am - 11:30 am 620 Dundas St. E FRP Drop-in 11:30 am - 3:30 pm	FRP Drop-in 9 am – 1 pm Café Sumac: 340 Gerrard Street 1pm – 3Pm Infant Drop-In 1 pm - 3:30 pm	FRP Drop-in 9 am – 3:30 pm
10	11	12	13	14	15
FRP Drop-in 9 am - 3:30 pm Sumach Park 485 Shutter St	FRP Drop-in @ Public Library 1 pm - 3 pm 269 Gerrard St. E	FRP Drop-in 9 am – 1 pm FRP Big Park 620 Dundas St. E 1 pm – 3:30 pm	FRP Big Park 9 am - 11:30 am 620 Dundas St. E FRP Drop-in 11:30 am - 3:30 pm	FRP Drop-in 9 am - 3:30 pm Café Sumac: 340 Gerrard Street 1 pm – 3 pm Infant Drop-In 1 pm - 3:30 pm	FRP Drop-in 9 am – 3:30 pm
17	18	19	20	21	22
Allan Garden 160 Gerard St 9 am - 3:30 pm	FRP Drop-in @ Public Library 1 pm - 3 pm 269 Gerrard St. E	FRP Drop-in 9 am – 1 pm FRP Big Park 620 Dundas St. E 1: pm – 3:30 pm	FRP Big Park 9 am - 11:30 am 620 Dundas St. E FRP Drop-in 11:30 am - 3:30 pm	9 am - 3:30 pm Biidaasige Park: 51 Commissioner Street Centre closed	FRP Drop-in 9 am – 3:30 pm
24	25	26	27	28	29
Program closed	Program closed	Program closed	Program closed	Program closed	Program closed
31					

FRP Drop-in 9 am - 3:30 pm 38 Regent St.					
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Staff Contact Information	Programs and Locations
Anushiya: AnushiyaR@regentparkchc.org 437-221-0150 Joysree: JoysreeD@regentparkchc.org 437-332-2331 Lyling: LylingS@regentparkchc.org 437-332-2339 Orit: OritM@regentparkchc.org 647-761-4251 Senait: SenaitG@regentparkchc.org 437-332-2361 Suntha: SunthaR@regentparkchc.org 437-332-2355 Varinia: VariniaO@regentparkchc.org 437-332-2409	Family Resource (Gym) Fun physical activities for children 0-6 years old and their parents/caregivers at 402 Shuter Street. The program runs on Wednesdays from 1 p.m. - 3:30 p.m. and Thursdays from 9 a.m. - 11:30 a.m. For more information, please contact Suntha: SunthaR@regentparkchc.org Infant Drop-In The program runs on Fridays from 1 p.m. - 3:30 p.m. at 38 Regent Street Upper Level. For more information, please contact Joysree: JoysreeD@regentparkchc.org Regent Canadian Prenatal Nutrition Program (CPNP) *Pre-registered clients only* The program runs on Tuesdays, from 12:30 p.m. - 4 p.m. at 38 Regent Street Upper Level. For more information, contact Lyling (cell) 437-332-2339 or at LylingS@regentparkchc.org Bengali Speaking Women's Group (ADDA) This afternoon group runs for 8-week sessions, meeting monthly on the 3rd Wednesday of the month, and is held in Bengali at 40 Oak Street, from 1 p.m. - 3 p.m. For more information, please contact Joysree at JoysreeD@regentparkchc.org School Readiness Program (SRP) Available at 38 Regent Street Upper Level to families by registration only and containing parent/guardian and child learning components. For more information, please contact Anushiya: AnushiyaR@regentparkchc.org or call (416) 362-0805 ext. 235.