

Family Resource Program (Drop-in), 38 Regent Street Upper Level, September 2026



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 FRP Drop-in @ Public Library 1 pm - 3 pm 269 Gerrard St. E	2 FRP Drop-in 9:00 am – 1:00 pm FRP Big Park 620 Dundas St. E 1 pm – 3:30 pm	3 FRP Big Park 9 am - 11:30 am 620 Dundas St. E FRP Drop-in 11:30 am - 3:30 pm	4 FRP Drop-in 9 am - 3:30 pm Infant Drop-In 1 pm - 3:30 pm	5 FRP Drop-in 9 am – 3:30 pm
7 Labour Day Holiday Program closed	8 FRP Drop-in @ Public Library 1 pm - 3 pm 269 Gerrard St. E	9 FRP Drop-in 9:00 am – 1:00 pm FRP Big Park 620 Dundas St. E 1 pm – 3:30 pm	10 FRP Big Park 9 am - 11:30 am 620 Dundas St. E FRP Drop-in 11:30 am - 3:30 pm	11 FRP Drop-in 9 am - 3:30 pm Infant Drop-In 1 pm - 3:30 pm	12 FRP Drop-in 9 am – 3:30 pm
14 FRP Drop-in 9 am - 3:30 pm Sumack Park 485 Shutter St	15 FRP Drop-in @ Public Library 1 pm - 3 pm 269 Gerrard St. E	16 FRP Drop-in 9:00 am – 1:00 pm FRP Big Park 620 Dundas St. E 1 pm – 3:30 pm	17 FRP Big Park 9 am - 11:30 am 620 Dundas St. E FRP Drop-in 11:30 am - 3:30 pm	18 FRP Drop-in 9 am - 3:30 pm Infant Drop-In 1 pm - 3:30 pm	19 FRP Drop-in 9 am – 3:30 pm
21 FRP Drop-in 9 am - 3:30 pm Riverdale farm	22 FRP Drop-in @ Public Library 1 pm - 3 pm 269 Gerrard St. E	23 FRP Drop-in 9:00 am – 1:pm FRP Big Park 620 Dundas St. E 1: pm – 3:30 pm	24 FRP Big Park 9 am - 11:30 am 620 Dundas St. E FRP Drop-in 11:30 am - 3:30 pm	25 FRP Drop-in 9 am - 3:30 pm Infant Drop-In 1 pm - 3:30 pm	26 FRP Drop-in 9 am – 3:30 pm
28 FRP Drop-in 9 am - 3:30 pm Sumack Park 485 Shutter St	29 FRP Drop-in @ Public Library 1 pm - 3 pm 269 Gerrard St. E	30 National Day of Truth and Reconciliation Day Program closed			

Staff Contact Information	Programs and Locations
Anushiya: AnushiyaR@regentparkchc.org 437-221-0150 Joysree: JoysreeD@regentparkchc.org 437-332-2331 Lyling: LylingS@regentparkchc.org 437-332-2339 Orit: OritM@regentparkchc.org 647-761-4251 Senait: SenaitG@regentparkchc.org 437-332-2361 Suntha: SunthaR@regentparkchc.org 437-332-2355 Varinia: VariniaO@regentparkchc.org 437-332-2409	Family Resource (Gym) Fun physical activities for children 0-6 years old and their parents/caregivers at 402 Shuter Street. The program runs on Wednesdays from 1 p.m. - 3:30 p.m. and Thursdays from 9 a.m. - 11:30 a.m. For more information, please contact Suntha: SunthaR@regentparkchc.org Infant Drop-In The program runs on Fridays from 1 p.m. - 3:30 p.m. at 38 Regent Street Upper Level. For more information, please contact Joysree: JoysreeD@regentparkchc.org Regent Canadian Prenatal Nutrition Program (CPNP) *Pre-registered clients only* The program runs on Tuesdays, from 12:30 p.m. - 4 p.m. at 38 Regent Street Upper Level. For more information, contact Lyling (cell) 437-332-2339 or at LylingS@regentparkchc.org Bengali Speaking Women's Group (ADDA) This afternoon group runs for 8-week sessions, meeting monthly on the 3rd Wednesday of the month, and is held in Bengali at 40 Oak Street, from 1 p.m. - 3 p.m. For more information, please contact Joysree at JoysreeD@regentparkchc.org School Readiness Program (SRP) Available at 38 Regent Street Upper Level to families by registration only and containing parent/guardian and child learning components. For more information, please contact Anushiya: AnushiyaR@regentparkchc.org or call (416) 362-0805 ext. 235.